COVID-19

Recognizing Early Symptoms in Seniors



Team Huddles

- Quick touch points throughout the shift for care teams.
- Are all healthcare staff informed and included in client care?
- Are staff experiencing symptoms?



Observe your client in three main ways:

- Behaviour
- Head-to-Toe
- Sudden Change

The symptoms below can be the first to appear in people over 65.

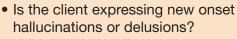
Behaviour

- Has the client's behaviour changed from usual, from previous shift or previous day?
- Is the client more unsettled?

Head-to-Toe

Look for these signs in your client:

- Has a headache
- Feels warmer than usual; has chills or muscle aches
- Is eating/drinking less than usual
- Has a sore throat or hoarse voice
- Has new shortness of breath or difficulty breathing
- Moves less well than usual or requires more help with care
- Is weaker, more unstable on their feet or falls more frequently.



• Is the client wandering more than usual?

Sudden Change

Look for these signs in your client: Appears sleepy or to have less energy than usual An an eye infection, runny nose or no sense of smell Increased sputum or a new/changed cough Complaints of nausea, vomiting or abdominal pain Unexplained diarrhea.



- Report any symptoms from above or any other changes to a client's "normal" to a regulated healthcare provider.
- Follow continuous masking in all patient care areas and for all client interactions.
- Follow up with the site leader and client's most responsible healthcare provider (i.e., physician, nurse practitioner).

We're in this together. We'll get through it together.



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