



**MEMORANDUM
NOTE DE SERVICE**

TO Community Health Nurses,
À Pamela Miller, Acting Director of Nursing,
Nicole Liboiron, Acting Director of Nursing

DATE
November 12, 2020

FROM Dr. Wadieh Yacoub, FNIHB Senior Medical
DE Officer of Health

Dr. Chris Sarin, FNIHB Deputy Medical
Officer of Health

SUBJECT: COVID-19 Daily Checklist for Children

Hello community health nurses,

Attached is the *COVID-19 Alberta Health Daily Checklist (for Children Under 18)*. The checklist has been developed to support schools, activity organizers, and facility operators in reducing the risk of transmission of COVID-19 among attendees. This checklist should be completed by parents of young children or students prior to attending school, child care, or other activities. The checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18 years of age. The checklist can be also be found online:

<https://www.alberta.ca/assets/documents/edc-covid-19-screening-questionnaire-english.pdf>

Community health nurses may receive questions from parents about whether a child is able to attend school; this checklist will assist with determining whether the child can attend school and any actions that need to be taken. **Screening questions on the checklist must be answered in the order that they appear to ensure children do not attend school when they should be excluded.**

Some changes specific to children to note are:

- the symptom of loss of sense of smell or taste has been added to the list that requires the child to maintain isolation and seek testing.
- symptoms of sore throat and runny nose on their own, no longer automatically require the child to isolate for 10 days.
- children experiencing any symptoms from the lists below should not visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve, whichever is longer, unless they receive a negative COVID-19 test result and feel better.



Below is a summary of the checklist:

Question 1:

In the last 14 days, has the child traveled outside of Canada OR been identified as a close contact of a case of COVID-19?

- If “YES”, the child is required to quarantine according to the public health direction that was received.
- If “NO”, continue to question 2.

Question 2:

Has the child had new onset, or worsening, of the following symptoms:

- fever
- cough
- shortness of breath, or
- loss of sense of smell or taste?
- If “YES”, the child is required to isolate for 10 days and COVID-19 testing should be arranged.
- If “NO”, continue to question 3.

Question 3:

Does the child have any of the following symptoms:

- chills
- sore throat, painful swallowing
- runny nose, congestion
- feeling unwell, fatigue
- nausea, vomiting, diarrhea
- unexplained loss of appetite
- muscle/joint aches, headache, or
- conjunctivitis (pink eye)?
- YES, the child has **ONE** of the symptoms above:
 - The child stays home and is monitored for a full 24 hours
 - If the symptom is improving after 24 hours, the child can return to school and activities when they feel well enough to go. Testing is not necessary.
 - If the symptom does not improve or worsens after 24 hours, or if additional symptoms emerge, testing should be arranged
- YES, the child has **TWO OR MORE** of the symptoms above:
 - The child stays home.
 - Testing should be arranged.
 - The child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

If the child has answered NO to all 3 questions, the child may attend school, child care and/or other activities.