

Were you born before 1970?

If so, you are considered **protected from measles** due to likely exposure to measles in the past.

You may still be eligible for vaccine if:

- **You are a Health Care worker or Post-Secondary student.**
- **You are travelling to high-risk areas in Canada or anywhere outside Canada.**

What else can you do to help protect your loved ones?

- **Encourage others to stay up to date on their vaccines.**
- **Remind them to practice good hand hygiene, cover their coughs, and stay home if they feel unwell.**



To inquire about eligibility or vaccination status, contact your health centre, call Health Link at 811 or text 'vaccine record' to 88111.